

# Study Objectives



- Open
- Web Site Materials
  - Resources, Videos, PDF, Video & Sessions
- Songs – Discussion Points: I QUIT; Dark Night of the Soul**
- 1 JN 3.4-10 Mains 2**

**MPLS**  
**Aug 1, 2022**

# The Sabbath Rest

## Experiential Christianity

Sabbath Rest



**4** Every one who commits sin is guilty of lawless-ness; sin is lawlessness. **5** You know that he appeared to take away sins, and in him there is no sin. **6** No one who abides in him sins; no one who sins has either seen him or known him. **7** Little children, let no one deceive you. He who does right is righteous, as he is righteous. **8** He who commits sin is of the devil; for the devil has sinned from the beginning. The reason the Son of God appeared was to destroy the works of the devil. **9** No one born of God commits sin; for God's nature abides in him, and he can-not sin because he is born of God. **10** By this it may be seen who are the children of God, and who are the children of the devil: whoever does not do right is not of God, nor he who does not love his brother.

### Study Method



- Methodical Bible Study: Basic & Advanced Step
- Kipling in Experience
- Epistolary Method: Experience of Resident Life
- Know by the Knowing Experience

### Blood of Christ



- Incarnate God; Birth God/Man; New Creation
- Reality of the Blood; Human; Man
- Curse/LIFE
- Blood of Old/Blood of New
- Cry of the Heart "Abba Father"; Peace with God
- Experience of LIFE

### Fellowship of LIFE



- Have LIFE
- Testimony of the Father
- Having Believed Evidence of Faith
- Promise of the Spirit

### Sabbath Rest



- Definitions
- Synonyms
- Apostolic/Scriptural Unfolding – NT Epistles Interpretive Lens
- Exhortational Foundation

*I never asked you to live the Christian life,  
I came to share MY LIFE with you.*

- I **Quit**
- I give up
- I can not save myself
- I **LET** YOU SAVE ME
- I **LET** YOU KEEP ME FROM SIN





THE  
WAR  
WITHIN

# Spiritual Exercises

[LINK](#)

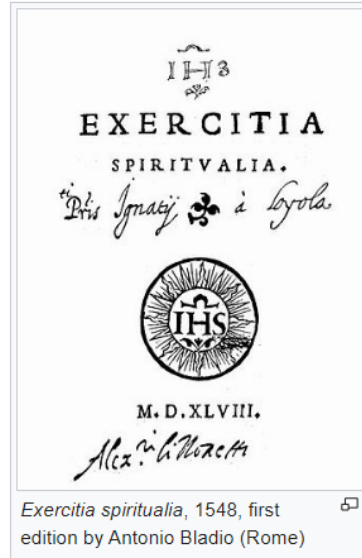
From Wikipedia, the free encyclopedia

(Redirected from [Spiritual Exercises of Ignatius of Loyola](#))

The ***Spiritual Exercises*** (Latin: *Exercitia spiritualia*), composed 1522–1524, are a set of [Christian meditations](#), [contemplations](#), and [prayers](#) written by [Ignatius of Loyola](#), a 16th-century [Spanish priest](#), [theologian](#), and founder of the [Society of Jesus](#) (Jesuits). Divided into four thematic "weeks" of variable length, they are designed to be carried out over a period of 28 to 30 days.<sup>[1]</sup> They were composed with the intention of helping participants in religious [retreats](#) to discern the will of God in their lives, leading to a personal commitment to follow [Jesus](#) whatever the cost.<sup>[2]:98</sup> Their underlying theology has been found agreeable to other Christian denominations who make use of them<sup>[3]</sup> and also for addressing problems facing society in the 21st century.<sup>[4]</sup>

## Contents [hide]

- [Editions](#)
- [Background](#)
- [Spiritual viewpoint](#)
- [Typical methodology and structure](#)
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*Exercitia spiritualia*, 1548, first edition by Antonio Bladio (Rome)

## Ignatius of Loyola

From Wikipedia, the free encyclopedia

*In this Spanish name, the first or paternal surname is de Oñaz and the second or maternal family name is Loyola.*

**Ignatius of Loyola, S.J.** (born **Íñigo López de Oñaz y Loyola**; **Basque**: *Ignazio Loiolakoa*; **Spanish**: *Ignacio de Loyola*; **Latin**: *Ignatius de Loyola*; c. 23 October 1491<sup>[2]</sup> – 31 July 1556), venerated as **Saint Ignatius of Loyola**, was a Spanish Catholic priest and [theologian](#), who, with [Peter Faber](#) and [Francis Xavier](#), founded the religious order of the [Society of Jesus](#) (The Jesuits), and became its first [Superior General](#), in Paris in 1541.<sup>[3]</sup> He envisioned the purpose of the Society of Jesus to be [missionary work](#) and [teaching](#). In addition to the vows of chastity, obedience and poverty of other religious orders in the church, Loyola instituted a fourth vow for Jesuits of obedience to the [Pope](#), to engage in projects ordained by the pontiff.<sup>[4]</sup> Jesuits were instrumental in leading the [Counter-Reformation](#).<sup>[5]</sup>

As a former soldier, Ignatius paid particular attention to the spiritual formation of his recruits and recorded his method in the *Spiritual Exercises* (1548). In time, the method has become known as [Ignatian spirituality](#).

Ignatius of Loyola was [beatified](#) in 1609 and [canonized](#) saint, on 12 March 1622. His feast day is celebrated on 31 July. He is the [patron saint](#) of the [Basque](#) provinces of [Gipuzkoa](#) and [Biscay](#) as well as of the Society of Jesus. He was declared patron saint of all spiritual retreats by [Pope Pius XI](#) in 1922.

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- [Early life](#)

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Saint

**Ignatius of Loyola**

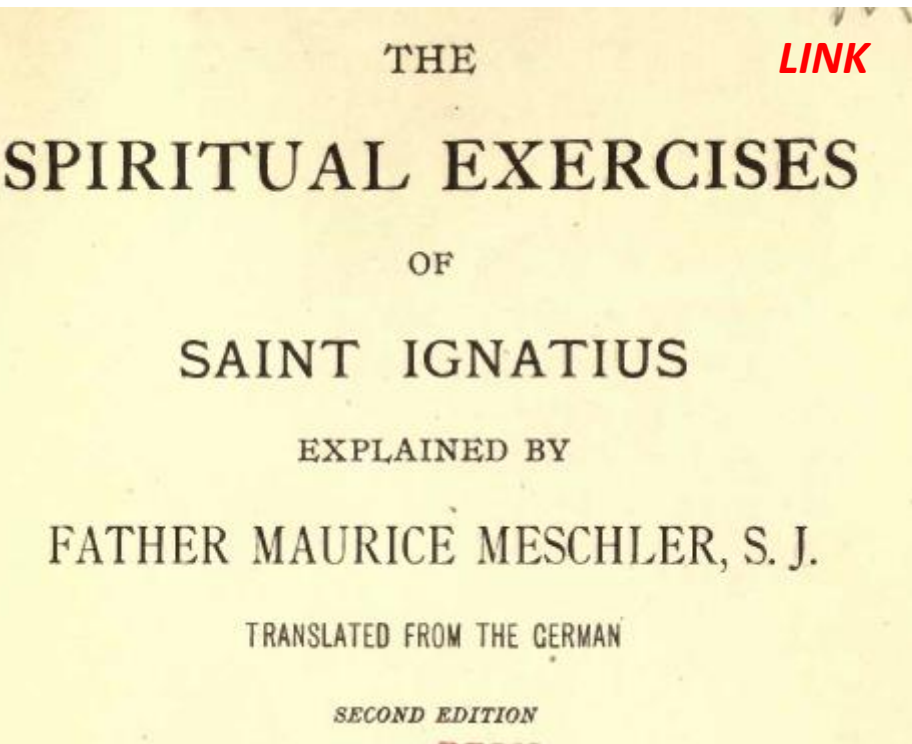
S.J.



Ignatius of Loyola, anonymous 16th-c.

**Priest, Confessor, Founder of the Society of Jesus**

<b>Born</b>	<div>Íñigo López de Oñaz y Loyola</div> 23 October 1491 <div><span><span></span></span> Azpeitia, Gipuzkoa, Crown of Castile</div>
<b>Died</b>	<div>31 July 1556 (aged 64)</div> <div><span><span></span></span> Rome, Papal States</div>



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LOYOLA PRESS.

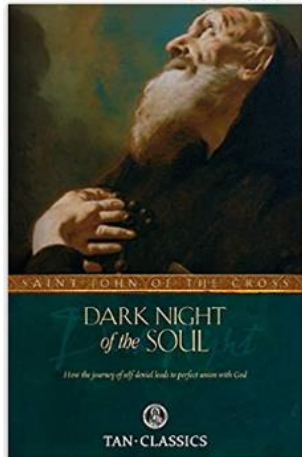
# A Guide to Jesuit Leadership and Ignatian Spirituality



# The Dark Night: St John of the Cross and Eastern Orthodox Theology

By Johannes Pulkkanen

[LINK](#)



[LINK](#)

In *Dark Night of the Soul*, Saint John of the Cross presents for us a portrait painted from his own experience of one who advances successfully through the struggles of the spiritual life. The dark night that St John describes is not abandonment by God but special consideration from Him for those who desire to purify and perfect their souls.

With a soul purified from earthly attachments, we can advance through the much quoted but oft misunderstood dark night of the souls into unity with God. By accepting the desolation and difficulty of this process, the soul cooperates with God and opens itself to receiving and revealing more perfectly God's glory.

Be not afraid--*Dark Night of the Soul*, though austere and exacting in its instructions for holy living, is laced with St. John's charity and kindness, his love of all things beautiful and sacred--including you.

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# Word Ships

- Goodness Of God

**1:1** That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon and touched with our hands, concerning the word of life—**2** the life was made manifest, and we saw it, and testify to it, and proclaim to you the eternal life which was with the Father and was made manifest to us—**3** that which we have seen and heard we proclaim also to you, so that you may have fellowship with us; and our fellowship is with the Father and with his Son Jesus Christ. **4** And we are writing this that our joy may be complete.

**5** This is the message we have heard from him and proclaim to you, that God is light and in him is no darkness at all. **6** If we say we have fellowship with him while we walk in darkness, we lie and do not live according to the truth; **7** but if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. **8** If we say we have no sin, we deceive ourselves, and the truth is not in us. **9** If we confess our sins, he is faithful and just, and will forgive our sins and cleanse us from all unrighteousness. **10** If we say we have not sinned, we make him a liar, and his word is not in us.

**2:1** My little children, I am writing this to you so that you may not sin; but if any one does sin, we have an advocate with the Father, Jesus Christ the righteous; **2** and he is the expiation for our sins, and not for ours only but also for the sins of the whole world.

**3** And by this we may be sure that we know him, if we keep his commandments. **4** He who says “I know him” but disobeys his commandments is a liar, and the truth is not in him; **5** but whoever keeps his word, in him truly love for God is perfected. By this we may be sure that we are in him: **6** he who says he abides in him ought to walk in the same way in which he walked.

**7** Beloved, I am writing you no new commandment, but an old commandment which you had from the beginning; the old commandment is the word which you have heard. **8** Yet I am writing you a new commandment, which is true in him and in you, because the darkness is passing away and the true light is already shining. **9** He who says he is in the light and hates his brother is in the darkness still. **10** He who loves his brother abides in the light, and in it there is no cause for stumbling. **11** But he who hates his brother is in the darkness and walks in the darkness, and does not know where he is going, because the darkness has blinded his eyes.

**12** I am writing to you, little children, because your sins are forgiven for his sake. **13** I am writing to you, fathers, because you know him who is from the beginning. I am writing to you, young men, because you have overcome the evil one. I write to you, children, because you know the Father. **14** I write to you, fathers, because you know him who is from the beginning. I write to you, young men, because you are strong, and the word of God abides in you, and you have overcome the evil one.

**15** Do not love the world or the things in the world. If any one loves the world, love for the Father is not in him. **16** For all that is in the world, the lust of the flesh and the lust of the eyes and the pride of life, is not of the Father but is of the world. **17** And the world passes away, and the lust of it; but he who does the will of God abides for ever.

**18** Children, it is the last hour; and as you have heard that antichrist is coming, so now many antichrists have come; therefore we know that it is the last hour. **19** They went out from us, but they were not of us; for if they had been of us, they would have continued with us; but they went out, that it might be plain that they all are not of us.

**20** But you have been anointed by the Holy One, and you all know. **21** I write to you, not because you do not know the truth, but because you know it, and know that no lie is of the truth. **22** Who is the liar but he who denies that Jesus is the Christ? This is the antichrist, he who denies the Father and the Son. **23** No one who denies the Son has the Father. He who confesses the Son has the Father also. **24** Let what you heard from the beginning abide in you. If what you heard from the beginning abides in you, then you will abide in the Son and in the Father. **25** And this is what he has promised us, eternal life.

**26** I write this to you about those who would deceive you; **27** but the anointing which you received from him abides in you, and you have no need that any one should teach you; as his anointing teaches you about everything, and is true, and is no lie, just as it has taught you, abide in him.

**28** And now, little children, abide in him, so that when he appears we may have confidence and not shrink from him in shame at his coming. **29** If you know that he is righteous, you may be sure that every one who does right is born of him.

**3:1** See what love the Father has given us, that we should be called children of God; and so we are. The reason why the world does not know us is that it did not know him. **2** Beloved, we are God’s children now; it does not yet appear what we shall be, but we know that when he appears we shall be like him, for we shall see him as he is. **3** And every one who thus hopes in him purifies himself as he is pure.

**4** Every one who commits sin is guilty of lawlessness; sin is lawlessness. **5** You know that he appeared to take away sins, and in him there is no sin. **6** No one who abides in him sins; no one who sins has either seen him or known him. **7** Little children, let no one deceive you. He who does right is righteous, as he is righteous. **8** He who commits sin is of the devil; for the devil has sinned from the beginning. The reason the Son of God appeared was to destroy the works of the devil. **9** No one born of God commits sin; for God’s nature abides in him, and he cannot sin because he is born of God. **10** By this it may be seen who are the children of God, and who are the children of the devil: whoever does not do right is not of God, nor he who does not love his brother.

**11** For this is the message which you have heard from the beginning, that we should love one another. **12** and not be like Cain who was of the evil one and murdered his brother. And why did he murder him? Because his own deeds were evil and his brother’s righteous. **13** Do not wonder, brethren, that the world hates you. **14** We know that we have passed out of death into life, because we love the brethren. He who does not love abides in death. **15** Any one who hates his brother is a murderer, and you know that no murderer has eternal life abiding in him. **16** By this we know love, that he laid down his life for us; and we ought to lay down our lives for the brethren. **17** But if any one has the world’s goods and sees his brother in need, yet closes his heart against him, how does God’s love abide in him? **18** Little children, let us not love in word or speech but in deed and in truth.

**19** By this we shall know that we are of the truth, and reassure our hearts before him **20** whenever our hearts condemn us; for God is greater than our hearts, and he knows everything. **21** Beloved, if our hearts do not condemn us, we have confidence before God; **22** and we receive from him whatever we ask, because we keep his commandments and do what pleases him. **23** And this is his commandment, that we should believe in the name of his Son Jesus Christ and love one another, just as he has commanded us. **24** All who keep his commandments abide in him, and he in them. And by this we know that he abides in us, by the Spirit which he has given us.

**4:1** Beloved, do not believe every spirit, but test the spirits to see whether they are of God; for many false prophets have gone out into the world. **2** By this you know the Spirit of God: every spirit which confesses that Jesus Christ has come in the flesh is of God, **3** and every spirit which does not confess Jesus is not of God. This is the spirit of antichrist, of which you heard that it was coming, and now it is in the world already.

**4** Little children, you are of God, and have overcome them; for he who is in you is greater than he who is in the world. **5** They are of the world, therefore what they say is of the world, and the world listens to them. **6** We are of God. Whoever knows God listens to us, and he who is not of God does not listen to us. By this we know the spirit of truth and the spirit of error.

**7** Beloved, let us love one another; for love is of God, and he who loves is born of God and knows God. **8** He who does not love does not know God; for God is love. **9** In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might live through him. **10** In this is love, not that we loved God but that he loved us and sent his Son to be the expiation for our sins. **11** Beloved, if God so loved us, we also ought to love one another. **12** No man has ever seen God; if we love one another, God abides in us and his love is perfected in us.

**13** By this we know that we abide in him and he in us, because he has given us of his own Spirit. **14** And we have seen and testify that the Father has sent his Son as the Savior of the world. **15** Whoever confesses that Jesus is the Son of God, God abides in him, and he in God. **16** So we know and believe the love God has for us. God is love, and he who abides in love abides in God, and God abides in him.

**17** In this is love perfected with us, that we may have confidence for the day of judgment, because as he is so are we in this world. **18** There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and he who fears is not perfected in love. **19** We love, because he first loved us. **20** If any one says, “I love God,” and hates his brother, he is a liar; for he who does not love his brother whom he has seen, cannot love God whom he has not seen. **21** And this commandment we have from him, that he who loves God should love his brother also.

**5:1** Every one who believes that Jesus is the Christ is a child of God, and every one who loves the parent loves the child. **2** By this we know that we love the children of God, when we love God and obey his commandments. **3** For this is the love of God, that we keep his commandments. And his commandments are not burdensome. **4** For whatever is born of God overcomes the world; and this is the victory that overcomes the world, our faith. **5** Who is it that overcomes the world but he who believes that Jesus is the Son of God?

**6** This is he who came by water and blood, Jesus Christ, not with the water only but with the water and the blood. **7** And the Spirit is the witness, because the Spirit is the truth. **8** There are three witnesses, the Spirit, the water, and the blood; and these three agree. **9** If we receive the testimony of men, the testimony of God is greater; for this is the testimony of God that he has borne witness to his Son. **10** He who believes in the Son of God has the testimony in himself. He who does not believe God has made him a liar, because he has not believed in the testimony that God has borne to his Son. **11** And this is the testimony, that God gave us eternal life, and this life is in his Son. **12** He who has the Son has life; he who has not the Son of God has not life.

**13** I write this to you who believe in the name of the Son of God, that you may know that you have eternal life. **14** And this is the confidence which we have in him, that if we ask anything according to his will he hears us. **15** And if we know that he hears us in whatever we ask, we know that we have obtained the requests made of him. **16** If any one sees his brother committing what is not a mortal sin, he will ask, and God will give him life for those whose sin is not mortal. There is sin which is mortal; I do not say that one is to pray for that. **17** All wrongdoing is sin, but there is sin which is not mortal.

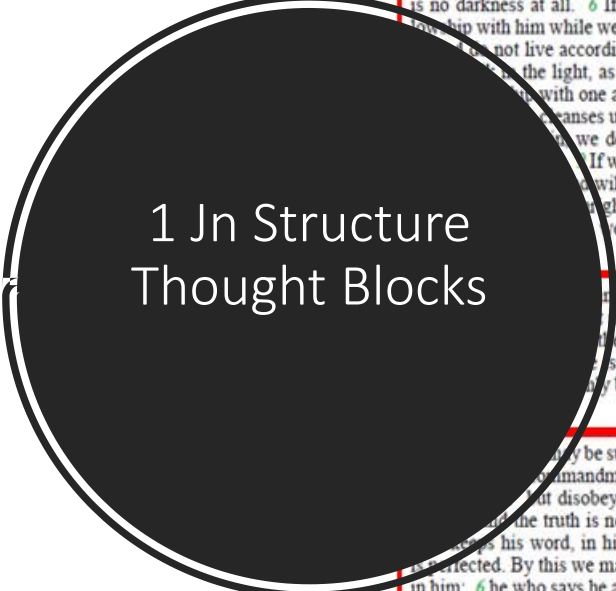
**18** We know that any one born of God does not sin, but He who was born of God keeps him, and the evil one does not touch him.

**19** We know that we are of God, and the whole world is in the power of the evil one.

**20** And we know that the Son of God has come and has given us understanding, to know him who is true; and we are in him who is true, in his Son Jesus Christ. This is the true God and eternal life. **21** Little children, keep yourselves from idols.

## 1 John RSV





1 Jn Structure Thought Blocks

1:1 That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon and touched with our hands, concerning the word of life—2 the life was made manifest, and we saw it, and testify to it, and proclaim to you the eternal life which was with the Father and was made manifest to us—3 that which we have seen and heard we proclaim also to you, so that you may have fellowship with us; and our fellowship is with the Father and with his Son Jesus Christ. 4 And we are writing this that our joy may be complete.

5 This is the message we have heard from him and proclaim to you, that God is light and in him is no darkness at all. 6 If we say we have fellowship with him while we walk in darkness, we do not live according to the truth; 7 but who is the light, as he is in the light, we fellowship with one another, and the blood cleanses us from all sin. 8 If we say we have not sinned, we deceive ourselves, and do not confess our sins, he will forgive our sins and make him a liar, and we are not of his.

9 But you have heard that antichrist is coming, so now many antichrists have come; therefore we know that it is the last hour. 10 If we see a son of perdition who does sin, we do not know him; but if we see the Son of God, we know him, because he has come in the flesh and dwelt among us, and we have seen his glory, like the glory that the Father sent him, and we have heard his voice, but we do not know him who has denied the Father and the Son. 11 Who is the liar but he who denies that Jesus is the Christ? This is the antichrist, he who denies the Father and the Son. 12 No one who denies the Son has the Father. He who confesses the Son has the Father also. 13 Let what you heard from the beginning abide in you. If what you heard from the beginning abides in you, then you will abide in the Son and in the Father. 14 And this is what he has promised us, eternal life.

15 And now, little children, abide in him, so that when he appears we may have confidence and not shrink from him in shame at his coming. 16 If you know that he is righteous, you may be sure that every one who does right is born of him. 17 Beloved, I am writing you no new commandment, but an old commandment which you had from the beginning; the old commandment is the word which you have heard. 18 Yet I am writing you a new commandment, which is true in him and in you, because the darkness is passing away and the true light is already shining. 19 He who says he is in the light and hates his brother is in the darkness still. 20 He who loves his brother abides in the light, and in it there is no cause for stumbling. 21 But he who hates his brother is in the darkness and walks in the darkness, and does not know where he is going, because the darkness has blinded his eyes.

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15 Do not love the world or the things in the world. If any one loves the world, love for the Father is not in him. 16 For all that is in the world, the lust of the flesh and the lust of the eyes and the pride of life, is not of the Father but is of the world. 17 And the world passes away, and the lust of it; but he who does the will of God abides for ever.

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20 But you have been anointed by the Holy One, and you all know. 21 I write to you, not because you do not know the truth, but because you know it, and know that no lie is of the truth. 22 Who is the liar but he who denies that Jesus is the Christ? This is the antichrist, he who denies the Father and the Son. 23 No one who denies the Son has the Father. He who confesses the Son has the Father also. 24 Let what you heard from the beginning abide in you. If what you heard from the beginning abides in you, then you will abide in the Son and in the Father. 25 And this is what he has promised us, eternal life.

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3:1 See what love the Father has given us, that we should be called children of God; and so we are. The reason why the world does not know us is that it did not know him. 2 Beloved, we are God's children now; it does not yet appear what we shall be, but we know that when he appears we shall be like him, for we shall see him as he is. 3 And every one who thus hopes in him purifies himself as he is pure.

4 Every one who commits sin is guilty of lawlessness; sin is lawlessness. 5 You know that he appeared to take away sins, and in him there is no sin. 6 No one who abides in him sins; no one who sins has either seen him or known him. 7 Little children, let no one deceive you. He who does right is righteous, as he is righteous. 8 He who commits sin is of the devil; for the devil has sinned from the beginning. The reason the Son of God appeared was to destroy the works of the devil. 9 No one born of God commits sin; for God's nature abides in him, and he cannot sin because he is born of God. 10 By this it may be seen who are the children of God, and who are the children of the devil: whoever does not do right is not of God, nor he who does not love his brother.

11 For this is the message which you have heard from the beginning, that we should love one another. 12 and not be like Cain who was of the evil one and murdered his brother. And why did he murder him? Because his own deeds were evil and his brother's righteous. 13 Do not wonder, brethren, that the world hates you. 14 We know that we have passed out of death into life, because we love the brethren. He who does not love abides in death. 15 Any one who hates his brother is a murderer, and you know that no murderer has eternal life abiding in him. 16 By this we know love, that he laid down his life for us; and we ought to lay down our lives for the brethren. 17 But if any one has the world's goods and sees his brother in need, yet closes his heart against him, how does God's love abide in him? 18 Little children, let us not love in word or speech but in deed and in truth.

19 By this we shall know that we are of the truth, and reassure our hearts before him 20 whenever our hearts condemn us; for God is greater than our hearts, and he knows everything. 21 Beloved, if our hearts do not condemn us, we have confidence before God; 22 and we receive from him whatever we ask, because we keep his commandments and do what pleases him. 23 And this is his commandment, that we should believe in the name of his Son Jesus Christ and love one another, just as he has commanded us. 24 All who keep his commandments abide in him, and he in them. And by this we know that he abides in us, by the Spirit which he has given us.

4:1 Beloved, do not believe every spirit, but test the spirits to see whether they are of God; for many false prophets have gone out into the world. 2 By this you know the Spirit of God: every spirit which confesses that Jesus Christ has come in the flesh is of God, 3 and every spirit which does not confess Jesus is not of God. This is the spirit of antichrist, of which you heard that it was coming, and now it is in the world already.

4 Little children, you are of God, and have overcome them; for he who is in you is greater than he who is in the world. 5 They are of the world, therefore what they say is of the world, and the world listens to them. 6 We are of God. Whoever knows God listens to us, and he who is not of God does not listen to us. By this we know the spirit of truth and the spirit of error.

7 Beloved, let us love one another; for love is of God, and he who loves is born of God and knows God. 8 He who does not love does not know God; for God is love. 9 In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might live through him. 10 In this is love, not that we loved God but that he loved us and sent his Son to be the expiation for our sins. 11 Beloved, if God so loved us, we also ought to love one another. 12 No man has ever seen God; if we love one another, God abides in us and his love is perfected in us.

13 By this we know that we abide in him and he in us, because he has given us of his own Spirit. 14 And we have seen and testify that the Father has sent his Son as the Savior of the world. 15 Whoever confesses that Jesus is the Son of God, God abides in him, and he in God. 16 So we know and believe the love God has for us. God is love, and he who abides in love abides in God, and God abides in him.

17 In this is love perfected with us, that we may have confidence for the day of judgment, because as he is so are we in this world. 18 There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and he who fears is not perfected in love. 19 We love, because he first loved us. 20 If any one says, "I love God," and hates his brother, he is a liar; for he who does not love his brother whom he has seen, cannot love God whom he has not seen. 21 And this commandment we have from him, that he who loves God should love his brother also.

5:1 Every one who believes that Jesus is the Christ is a child of God, and every one who loves the parent loves the child. 2 By this we know that we love the children of God, when we love God and obey his commandments. 3 For this is the love of God, that we keep his commandments. And his commandments are not burdensome. 4 For whatever is born of God overcomes the world; and this is the victory that overcomes the world, our faith. 5 Who is it that overcomes the world but he who believes that Jesus is the Son of God?

6 This is he who came by water and blood, Jesus Christ, not with the water only but with the water and the blood. 7 And the Spirit is the witness, because the Spirit is the truth. 8 There are three witnesses, the Spirit, the water, and the blood; and these three agree. 9 If we receive the testimony of men, the testimony of God is greater; for this is the testimony of God that he has borne witness to his Son. 10 He who believes in the Son of God has the testimony in himself. He who does not believe God has made him a liar, because he has not believed in the testimony that God has borne to his Son. 11 And this is the testimony, that God gave us eternal life, and this life is in his Son. 12 He who has the Son has life; he who has not the Son of God has no life.

13 I write this to you who believe in the name of the Son of God, that you may know that you have eternal life. 14 And this is the confidence which we have in him, that if we ask anything according to his will he hears us. 15 And if we know that he hears us in whatever we ask, we know that we have obtained the requests made of him. 16 If any one sees his brother committing what is not a mortal sin, he will ask, and God will give him life for those whose sin is not mortal. There is sin which is mortal; I do not say that one is to pray for that. 17 All wrongdoing is sin, but there is sin which is not mortal.

18 We know that any one born of God does not sin, but He who was born of God keeps him, and the evil one does not touch him.

19 We know that we are of God, and the whole world is in the power of the evil one.

20 And we know that the Son of God has come and has given us understanding, to know him who is true; and we are in him who is true, in his Son Jesus Christ. This is the true God and eternal life. 21 Little children, keep yourselves from idols.

## Column 1

1:1 That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon and touched with our hands, concerning the word of life—2 the life was made manifest and we saw it, and testify to it, and proclaim to you the eternal life which was with the Father and was made manifest to us—3 that which we have seen and heard we proclaim also to you, so that you may have fellowship with us; and our fellowship is with the Father and with his Son Jesus Christ. 4 And we are writing this that our joy may be complete.

**ETERNAL LIFE  
Life made manifest  
Fellowship 'a joint-participation'**

5 This is the message we have heard from him and proclaim to you, that God is light and in him is no darkness at all. 6 If we say we have fellowship with him while we walk in darkness, we lie and do not live according to the truth; 7 but if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. 8 If we say we have no sin, we deceive ourselves, and the truth is not in us. 9 If we confess our sins, he is faithful and just, and will forgive our sins and cleanse us from all unrighteousness. 10 If we say we have not sinned, we make him a liar, and his word is not in us.

**God is Light  
Fellowship w Light  
Blood of Christ  
Truth is in us**

2:1 My little children, I am writing this to you so that you may not sin; but if any one does sin, we have an advocate with the Father, Jesus Christ the righteous; 2 and he is the expiation for our sins, and not for ours only but also for the sins of the whole world.

**Not SIN  
Advocate for Faith/Belief**

3 And by this we may be sure that we know him, if we keep his commandments. 4 He who says "I know him" but disobeys his commandments is a liar, and the truth is not in him; 5 but whoever keeps his word, in him truly love for God is perfected. By this we may be sure that we are in him: 6 he who says he abides in him ought to walk in the same way in which he walked.

**Love for God PERFECTED  
I KEEP I ABIDE I WALK**

7 Beloved, I am writing you no new commandment, but an old commandment which you had from the beginning; the old commandment is the word which you have heard. 8 Yet I am writing you a new commandment, which is true in him and in you, because the darkness is passing away and the true light is already shining. 9 He who says he is in the light and hates his brother is in the darkness still. 10 He who loves his brother abides in the light, and in it there is no cause for stumbling. 11 But he who hates his brother is in the darkness and walks in the darkness, and does not know where he is going, because the darkness has blinded his eyes.

**Love: living – active His LIFE  
Lack of Life - stumbling**

12 I am writing to you, little children, because your sins are forgiven for his sake. 13 I am writing to you, fathers, because you know him who is from the beginning. I am writing to you, young men, because you have overcome the evil one. I write to you, children, because you know the Father. 14 I write to you, fathers, because you know him who is from the beginning. I write to you, young men, because you are strong, and the word of God abides in you, and you have overcome the evil one.

## Column 2

**Forgiven Overcome  
Abides & Known**

15 Do not love the world or the things in the world. If any one loves the world, love for the Father is not in him. 16 For all that is in the world, the lust of the flesh and the lust of the eyes and the pride of life, is not of the Father but is of the world. 17 And the world passes away, and the lust of it; but he who does the will of God abides for ever.

**We love Father not world  
Abide forever**

18 Children, it is the last hour; and as you have heard that antichrist is coming, so now many antichrists have come; therefore we know that it is the last hour. 19 They went out from us, but they were not of us; for if they had been of us, they would have continued with us; but they went out, that it might be plain that they all are not of us.

**Children know those not of us  
went out made plain by Father  
Amen Sister!**

20 But you have been anointed by the Holy One, and you all know. 21 I write to you, not because you do not know the truth, but because you know it, and know that no lie is of the truth. 22 Who is the liar but he who denies that Jesus is the Christ? This is the antichrist, he who denies the Father and the Son. 23 No one who denies the Son has the Father. He who confesses the Son has the Father also. 24 Let what you heard from the beginning abide in you. If what you heard from the beginning abides in you, then you will abide in the Son and in the Father. 25 And this is what he has promised us, eternal life.

**Anointed, Know  
Truth, Abides**

26 I write this to you about those who would deceive you; 27 but the anointing which you received from him abides in you, and you have no need that any one should teach you; as his anointing teaches you about everything, and is true, and is no lie, just as it has taught you, abide in him.

**Totally confident born of  
him**

28 And now, little children, abide in him, so that when he appears we may have confidence and not shrink from him in shame at his coming. 29 If you know that he is righteous, you may be sure that every one who does right is born of him.

## Column 3

3:1 See what love the Father has given us, that we should be called children of God; and so we are. The reason why the world does not know us is that it did not know him. 2 Beloved, we are God's children now; it does not yet appear what we shall be, but we know that when he appears we shall be like him, for we shall see him as he is. 3 And every one who thus hopes in him purifies himself as he is pure.

**Loving Father births  
children; appearing  
like Him; hope is pure**

4 Every one who commits sin is guilty of lawlessness; sin is lawlessness. 5 You know that he appeared to take away sins, and in him there is no sin. 6 No one who abides in him sins; no one who sins has either seen him or known him. 7 Little children, let no one deceive you. He who does right is righteous, as he is righteous. 8 He who commits sin is of the devil; for the devil has sinned from the beginning. The reason the Son of God appeared was to destroy the works of the devil. 9 No one born of God commits sin; for God's nature abides in him, and he cannot sin because he is born of God. 10 By this it may be seen who are the children of God, and who are the children of the devil: whoever does not do right is not of God, nor he who does not love his brother.

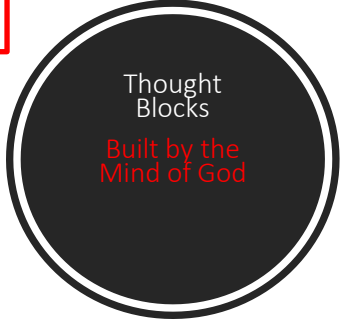
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1 For this is the message which you have heard from the beginning, that we should love one another, 12 and not be like Cain who was of the evil one and murdered his brother. And why did he murder him? Because his own deeds were evil and his brother's righteous. 13 Do not wonder, brethren, that the world hates you. 14 We know that we have passed out of death into life, because we love the brethren. He who does not love abides in death. 15 Any one who hates his brother is a murderer, and you know that no murderer has eternal life abiding in him. 16 By this we know love, that he laid down his life for us; and we ought to lay down our lives for the brethren. 17 But if any one has the world's goods and sees his brother in need, yet closes his heart against him, how does God's love abide in him? 18 Little children, let us not love in word or speech but in deed and in truth.

**Bullets Here**

# 1 JN 3.4-10

1 John RSV



# 1 JN 3.4-10

Content Review

**4** Every one who commits sin is guilty of lawlessness; sin is lawlessness. **5** You know that he appeared to take away sins, and in him there is no sin. **6** No one who abides in him sins; no one who sins has either seen him or known him. **7** Little children, let no one deceive you. He who does right is righteous, as he is righteous. **8** He who commits sin is of the devil; for the devil has sinned from the beginning. The reason the Son of God appeared was to destroy the works of the devil. **9** No one born of God commits sin; for God's nature abides in him, and he cannot sin because he is born of God. **10** By this it may be seen who are the children of God, and who are the children of the devil: whoever does not do right is not of God, nor he who does not love his brother.

## Column 3



1

### Mains

Main Ideas, Key Central Phrase



2

### Bullets

Own Words Summary Phrases



3

### Insights

What I Have Learned, New Knowledge or Expanded Applications



4

### Prayers

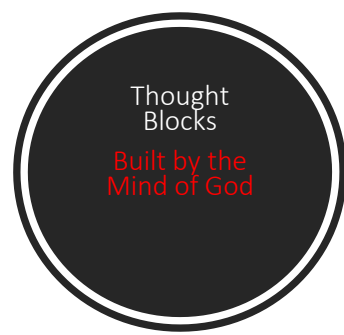
Knowing God's Will Praying In Faith

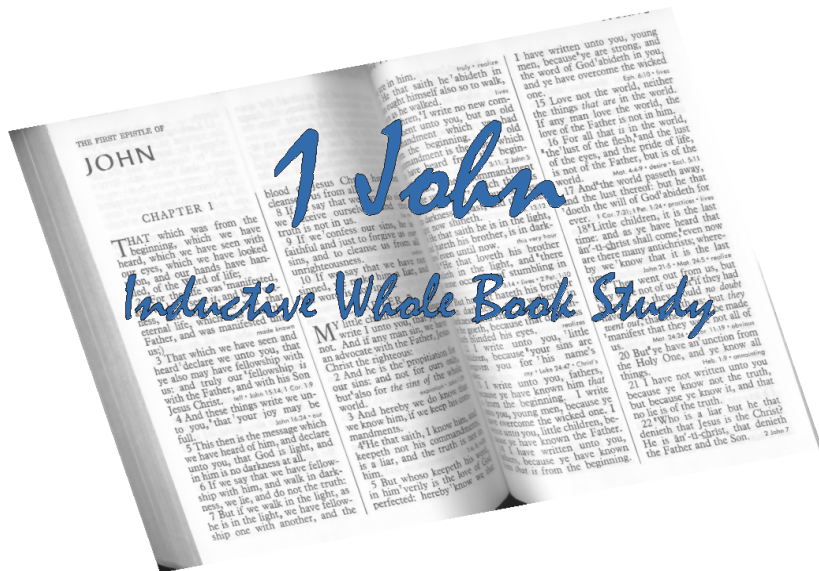


5

### Quad Relationships

The Same Or Similar Truth From A Different Perspective





**1 John**  
**Inductive Whole Book Study**

**Key Words & Phrases**

Abides  
 Antichrist  
 Because  
 Believe  
 Blood  
 Born Of God  
 Brother  
 Christ  
 Commandment  
 Confidence  
 Darkness  
 Eternal Life - Life  
 Fellowship  
 From The Beginning  
 God  
 Hates

Jesus  
 Keep  
 Know  
 Laid down His Life  
 Light  
 Love  
 Overcome  
 Perfect  
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 Savior  
 Sin  
 Son  
 Son Jesus Christ  
 Son Of God  
 Spirit  
 Spirit Of God Write



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## 1 JN 3.4-10

1 John RSV

Column 3

Mains

Mains

Main topic, Theme, Central Point, Phrase, etc.

Bullets

Bullets Here

Insights

Insights Here

Prayers

Prayers Here

Quad Relationships

Thought Blocks

Built by the  
Mind of God

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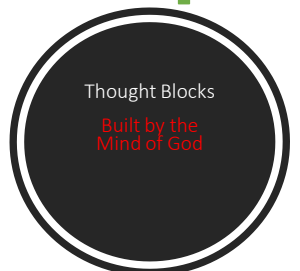
**Insights**

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**Prayers**

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**Quad Relationships**



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**1 JN 3.4-10**

*1 John RSV*

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**Insights** ↘

Insights Here



*Key Words can help focus our mind on possible 'Insights'*

Thought  
Blocks

Built by the  
Mind of God

# Insights *Column 3*

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Bullets Here

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**Insights** ↘

Insights Here



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Thought  
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**1 JN 3.4-10**

*1 John RSV*



**Mains**  
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**Insights** →

*Insights Here*

**Bullets** ↓

*Bullets Here*

**Prayers** ↘

*Prayers Here*

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**Suggestion Help Perspective**

***Lessons Learned or Pointed to by the Holy Spirit about personal approach to study and things to change or modify.***

***Note what these might be and Insights/Prayers to engage.***

## 1 JN 3.4-10

*1 John RSV*

Thought  
Blocks

Built by the  
Mind of God

# Column 3

Mains

Bullets

Insights

Insights Here

Prayers

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Prayers Here

## Quad Relationships

Hebrews

Ephesians

Colossians

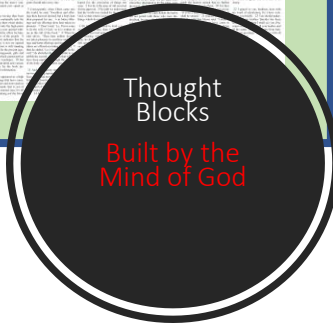
Galatians

1 John

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# 1 JN 3.4-10

# Topics & Concepts



1 John RSV





# Column 3

**Mains**

**Bullets**

**Insights**

**Insights Here**

**Bullets Here**

**Prayers**

**Prayers Here**

**Quad Relationships**

**Colossians**

**Topics & Concepts**

**1 John RSV**

Thought Blocks

Built by the Mind of God

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**1 JN 3:4-10**

*1/1 Paul, an apostle of Christ Jesus by the will of God, and Timothy our brother, 2 To the saints and faithful brethren in Christ who are at Laodicea: Grace to you and peace from God our Father.*

*3 We always thank God, the Father our Lord Jesus Christ, when we pray for you, because we have heard of your faith in Christ Jesus and of the love which you have for all the saints, 5 because of the hope laid up for you in heaven. Of this you have heard before in the word of the truth, the gospel 6 which has come to you, as indeed in the whole world it is bearing fruit and growing—so among yourselves, from the day you heard and understood the grace of God in truth, 7 as you learned it from Epaphras our beloved fellow servant. He is a faithful minister of Christ on our behalf 8 and has made known to us your love in the Spirit.*

*9 And so, from the day we heard of it, we have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, 10 so that you may lead a life worthy of the Lord, fully pleasing to him, bearing fruit in every good work and increasing in the knowledge of God. 11 May you be strengthened with all power, according to his glorious might, for all endurance and patience with joy, 12 giving thanks to the Father, who has qualified us to share in the inheritance of the saints in light. 13 He has delivered us from the dominion of darkness and transferred us to the kingdom of his beloved Son, 14 in whom we have redemption, the forgiveness of sins.*

*15 He is the image of the invisible God, the first-born of all creation; 16 for in him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or principalities or authorities—all things were created through him and for him. 17 He is before all things, and in him all things hold together. 18 He is the head of the body, the church; he is the beginning, the first-born from the dead, that in everything he might be pre-eminent. 19 For in him all the fullness of God was pleased to dwell.*

*21 And you, who once were estranged and hostile to him, doing evil deeds, 22 he has now reconciled in his blood to himself, by his own word, 23 that he might present you to himself in holiness, without blemish, 24 ready for good works. He provided that you would be equipped with every blessing in heaven when you were grafted into him, which has been preached to every creature under heaven, and of which I, Paul, became a minister.*

*24 Now I rejoice in my sufferings for you, and in my flesh I complete what is lacking in Christ's afflictions for the sake of his body, the church, 25 of which I became a minister according to the divine office which was assigned to me for you, to make the word of God known, 26 the mystery hidden for ages and centuries but now made manifest to his saints. To them God chose to make known how among the Gentiles are the riches of this mystery, which is Christ in you, the glory. 28 Him we proclaim, warning every man and teaching every man in all wisdom, so that we may present every man mature in Christ. To them I toil, striving with all the energy which mightily inspires within me.*

*22 For I want you to know how greatly I love you, and for those at Laodicea, and who have not seen my face, 2 that their hearts may be encouraged as they are knit together in love, to have all the riches of assured standing and the knowledge of God's mystery of Christ, 3 in whom are hid all the treasures of wisdom and knowledge.*

*4 I say this in order that no one may delude you with beguiling speech. 5 For though I am absent in body, yet I am with you in spirit, rejoicing to see your good order and the firmness of your faith in Christ.*

*6 As therefore you received Christ Jesus the Lord, so live in him, 7 rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.*

*8 See to it that no one makes a prey of you by philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ, 9*

*For in him the whole fullness of deity dwells bodily, 10 and you have come to fullness of life in him, who is the head of all rule and authority. 11 In him also are circumscribed all the treasures of wisdom and knowledge which were hidden from the beginning of the ages, but which now have been revealed to his saints. 12 Let no one put them all away, for if anyone does so, he will lose his own share of all these things. 13 Therefore, if you have heard of what I have put off the*

*24 Now I rejoice in my sufferings for you, and in my flesh I complete what is lacking in Christ's afflictions for the sake of his body, the church, 25 of which I became a minister according to the divine office which was assigned to me for you, to make the word of God known, 26 the mystery hidden for ages and centuries but now made manifest to his saints. To them God chose to make known how among the Gentiles are the riches of this mystery, which is Christ in you, the glory. 28 Him we proclaim, warning every man and teaching every man in all wisdom, so that we may present every man mature in Christ. To them I toil, striving with all the energy which mightily inspires within me.*

*22 For I want you to know how greatly I love you, and for those at Laodicea, and who have not seen my face, 2 that their hearts may be encouraged as they are knit together in love, to have all the riches of assured standing and the knowledge of God's mystery of Christ, 3 in whom are hid all the treasures of wisdom and knowledge.*

*4 I say this in order that no one may delude you with beguiling speech. 5 For though I am absent in body, yet I am with you in spirit, rejoicing to see your good order and the firmness of your faith in Christ.*

*6 As therefore you received Christ Jesus the Lord, so live in him, 7 rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.*

*8 See to it that no one makes a prey of you by philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ, 9*

*Put to death therefore what is earthly in you: 10 hostile feelings, pride, anger, passion, and covetousness, which is idolatry. 6 On account of these things the wrath of God is coming. 7 In the past you once walked in them, but now you have put them all away, because you have heard of what I have put off the*

*24 Now I rejoice in my sufferings for you, and in my flesh I complete what is lacking in Christ's afflictions for the sake of his body, the church, 25 of which I became a minister according to the divine office which was assigned to me for you, to make the word of God known, 26 the mystery hidden for ages and centuries but now made manifest to his saints. To them God chose to make known how among the Gentiles are the riches of this mystery, which is Christ in you, the glory. 28 Him we proclaim, warning every man and teaching every man in all wisdom, so that we may present every man mature in Christ. To them I toil, striving with all the energy which mightily inspires within me.*

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*Masters, treat your slaves justly and fairly, knowing that you also have a Master in heaven. 4 Let your speech always be full of grace, as if you were speaking to the Lord, 5 as if you were speaking to one another, seeing that you have put off the*

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*8 See to it that no one makes a prey of you by philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ, 9*

*2 Continue steadfastly in prayer, being watchful in it with thanksgiving; 3 and so for us also, that God may open to us a door for the word, to declare the mystery of Christ, on account of which I am in prison; 4 that I may make it clear, as I ought to speak for you.*

*24 Now I rejoice in my sufferings for you, and in my flesh I complete what is lacking in Christ's afflictions for the sake of his body, the church, 25 of which I became a minister according to the divine office which was assigned to me for you, to make the word of God known, 26 the mystery hidden for ages and centuries but now made manifest to his saints. To them God chose to make known how among the Gentiles are the riches of this mystery, which is Christ in you, the glory. 28 Him we proclaim, warning every man and teaching every man in all wisdom, so that we may present every man mature in Christ. To them I toil, striving with all the energy which mightily inspires within me.*

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# Column 3

**Mains**

**Bullets**

**Insights**

**Insights Here**

**Bullets Here**

**Prayers**

**Prayers Here**

**Quad Relationships**

**1 John**

**Topics & Concepts**

**Thought Blocks**

**Built by the Mind of God**

**4** Every one who commits sin is guilty of lawlessness; sin is lawlessness. **5** You know that he appeared to take away sins, and in him there is no sin. **6** No one who abides in him sins; no one who sins has either seen him or known him. **7** Little children, let no one deceive you. He who does right is righteous, as he is righteous. **8** He who commits sin is of the devil; for the devil has sinned from the beginning. The reason the Son of God appeared was to destroy the works of the devil. **9** No one born of God commits sin; for God's nature abides in him, and he cannot sin because he is born of God. **10** By this it may be seen who are the children of God, and who are the children of the devil: whoever does not do right is not of God, nor he who does not love his brother.

**1:1** That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon, which we have touched with our hands, concerning the life which was made manifest, and we have seen, and testify to it, and proclaim to you eternal life which was with the Father and made manifest to us—that which we have heard and heard we proclaim also to you, so that you may have fellowship with us; and our fellowship is with the Father and with his Son Jesus Christ. **2** And we are writing this that our joy may be complete.

**5** This is the message which we have heard from him and proclaim to you, that God is light and in him is no darkness at all. **6** If we say we have fellowship with him while we walk in darkness, we lie and do not live according to the truth, but if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. **7** If we say we have no sin, we deceive ourselves, and the truth is not in us. **8** If we confess our sins, he is faithful and just, and will forgive our sins and cleanse us from all unrighteousness. **10** If we say we have not sinned, we make him a liar, and his word is not in us.

**2:1** My little children, I am writing this to you so that you may not sin, but if any one does sin, we have an advocate with the Father, Jesus Christ the righteous. **2** and he is the expiation for our sins, and not for ours only but also for the sins of the whole world.

**3** And by this we may be sure that we know him, if we keep his commandments. **4** He who says "I know him" but does not keep his commandments is a liar, and the truth is not in him; **5** but whoever keeps his word, in him truly love for God is perfected. By this we may be sure that we are in him: **6** he who says he abides in him ought to walk in the same way in which he walked.

**7** Beloved, I am writing you no new commandment, but an old commandment which you had from the beginning: the old commandment is the word which you have heard. **8** Yet I am writing you a new commandment, which is true in him and true, and in us, because the darkness is passing away and the true light is already shining. **9** He who says he is in the light but hates his brother is in the darkness still. **10** He who loves his brother abides in the light, and in it there is no cause for stumbling. **11** But he who hates his brother is in the darkness and walks in the darkness, and does not know where he is going, because the darkness has blinded his eyes.

**1:2** I am writing to you, little children, because your sins are forgiven for his sake. **3** I am writing to you, because you know him who is false, and you do not know him who is true, and you do not receive his greeting into your homes. **4** Many deceivers have gone out into the world, who do not confess Jesus Christ who came in the flesh; the one who does this is the deceiver and the liar, and his work is false. **5** Many who are leading you into error do not acknowledge Jesus Christ who came in the flesh; the one who does this is the deceiver and the liar, and his work is false. **6** Do not let anyone who does not bring this teaching to your homes, and do not greet him, and whoever greets him who does not bring this teaching to his home, and receives him, his sins are forgiven, and he will receive his reward. **7** Do not love the world or the things of the world, for if any one loves the world, the love of the Father is not in him. **8** For all that is in the world, the lust of the flesh and the lust of the eyes and the pride of life, is not of the Father who is in the world. **9** And the world passes and the lust of it; but he who does the will of God abides forever.

**18** Children, it is the last hour, and as you have heard that antichrist is coming, so now antichrists have come; therefore we know it is the last hour. **19** They went out from us, but they were not of us; for if they had been of us, they would have continued with us; but they went out, that it might be plain that they are not of us.

**20** But you have been anointed by the One, and you all know. **21** I write to you because you do not know the truth, but because you know it, and know that no lie is of the truth. **22** Who is the liar but he who denies that Jesus is the Christ? This is the antichrist, who denies the Father and the Son. **23** No one who denies the Son has the Father; he who confesses the Son has the Father also. **24** Let what you heard from the beginning abide in you. If what you heard from the beginning abides in you, then you will abide in the Son and in the Father who sent him. **25** And this is what he has promised us, eternal life.

**19** By this we shall know that we are of the truth, and reassure our hearts before him. **20** whenever our hearts condemn us, for God is greater than our hearts, and he knows everything. **21** Beloved, if our hearts do not condemn us, we have confidence before God; **22** and we receive from him whatever we ask, because we keep his commandments and do what pleases him. **23** And this is his commandment, that we should believe in the name of the Son Jesus Christ and love one another, just as he has commanded us. **24** All who keep his commandments abide in him, and he in them. And by this we know that he abides in us, by the Spirit which he gives us.

**26** I write this to you about those who would deceive you, **27** but the anointing which you received from him abides in you, and you have no need that any one should teach you; as his anointing teaches you about everything, and is true, and is no lie, just as it has taught you, abide in him.

**28** And now, little children, abide in him, so that when he appears we may have confidence and not shrink from him in shame at his coming. **29** If you know that he is righteous, you may be sure that every one who does right is born of him.

1 John RSV

1 John RSV

# Column 3

**Mains**



**Bullets**



**Insights**



*Insights Here*

**Prayers**



*Bullets Here*

*Prayers Here*

**Quad Relationships**



Hebrews

Ephesians

Colossians

Galatians

1 John

**Thoughts of NOTE**

4 Every one who commits sin is guilty of lawlessness; sin is lawlessness. 5 You know that he appeared to take away sins, and in him there is no sin. 6 No one who abides in him sins; no one who sins has either seen him or known him. 7 Little children, let no one deceive you. He who does right is righteous, as he is righteous. 8 He who commits sin is of the devil; for the devil has sinned from the beginning. The reason the Son of God appeared was to destroy the works of the devil. 9 No one born of God commits sin; for God's nature abides in him, and he cannot sin because he is born of God. 10 By this it may be seen who are the children of God, and who are the children of the devil: whoever does not do right is not of God, nor he who does not love his brother.

**1 JN 3.4-10**

**Topics & Concepts**



Thought Blocks

Built by the Mind of God

*1 John RSV*





- *The question is:*

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